




Monday	Tuesday	Wednesday	Thursday	Friday	<b>Hempfield School District Breakfast Program</b>  <b>Student Meal Pricing:</b> Milk: \$0.65 Fruit A La Carte: \$0.75 Full Pay Breakfast: \$1.50 Reduced Price Breakfast: \$0.00  <b>Adult Meal Pricing:</b> Breakfast: \$2.30  <b>January 2019</b>  	
<p><b>Daily Lunch Choices</b>  Choice #1 Main Breakfast Meal  Choice #2 Cold Cereal, Cinnamon Roll, Whole Grain Donuts, WG Pop Tarts &amp; Selection of Bagels</p> <p>Students choose up to (1 cup) fruit which consists of: juice, fresh fruit, or canned fruit. Student are served and can choose from an assortment of fruit served in half portions daily.</p> <p><b>Breakfast Menu Subject to Change.</b></p>						<p><b>Hot, Fresh &amp; Healthy Breakfast Choices!</b></p>
<p>Balance and Purchasing history? Visit: <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a></p> 	<p><b>Reminder:</b>  Students who qualify for reduced price lunches eat breakfast for free!</p> <p><b>Breakfast is offered during a 2hr. delay!</b></p>			<p><u>Gluten Free General Mills Cereals</u>  Rice Chex  Cinnamon Rice Chex  Cheerios  Honey Nut &amp; Fruity Cheerios  Lucky Charms  Assorted Fruit Fresh &amp; Canned  Assorted Fruit Juice  Milk  <b>Please Check for availability</b></p>		
<p><b>Choose Any 1 Entrée</b>  Mini Cinnamon Pancakes w// Syrup  Croissant Breakfast Sandwich w/ American Cheese, Ham &amp; Egg  Assorted Fruit Fresh &amp; Canned  Assorted Fruit Juice  Milk Choice</p>	<p><b>Choose Any 1 Entrée</b>  American Cheese, Egg, &amp; Sausage on English Muffin  Mini Strawberry Splash Pancakes w/ Syrup  Assorted Fruit Fresh &amp; Canned  Assorted Fruit Juice  Milk Choice</p>	<p><b>Choose Any 1 Entrée</b>  Mickey's Breakfast Pizza  Croissant Breakfast Sandwich w/ Egg, American Cheese, &amp; Sausage  Assorted Fruit Fresh &amp; Canned  Assorted Fruit Juice  Milk Choice</p>	<p><b>Choose Any 1 Entrée</b>  American Cheese, Egg, &amp; Sausage on English Muffin  Assorted 4oz Muffins  Assorted Fruit Fresh &amp; Canned  Assorted Fruit Juice  Milk Choice</p>	<p><b>Choose Any 1 Entrée</b>  Managers' Breakfast Choice  <i>A selection of hot and cold entrees selected by the Manager</i>  Assorted Fruit Fresh &amp; Canned  Assorted Fruit Juice  Milk Choice</p>		

**Online Payment:** To view your child's account or to put money in your child's account via credit or debit, please go to My School Bucks to create your free online account, [www.myschoolbucks.com](http://www.myschoolbucks.com). The system only charges a fee when households utilize the online payment options.

**Meal Applications:** For free and reduced breakfast and lunch benefits, apply anytime at [www.ezmealapp.com](http://www.ezmealapp.com).

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(800)877-8339 or (800)845-6136(Spanish). For any other information dealing with Supplemental Nutrition Assistance Program (SNAP) issues, persons should either contact the USDA SNAP Hotline Number at (800)221-5689, which is also in Spanish or call the State Information/Hotline Numbers (click the link for a listing of hotline numbers by State); found online at [http://www.fns.usda.gov/snap/contact\\_info/hotlines.htm](http://www.fns.usda.gov/snap/contact_info/hotlines.htm) "In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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